



Troy Parks and Recreation

Friendship Club

For persons 13 and up unless otherwise specified.

Activities are held at the Troy Community Center, 3179 Livernois, Troy MI 48083, (248) 524-3484, unless otherwise noted. Staff will try their best to meet everyone's needs but you may be asked to provide an aide or to withdraw from the activity.



July/Aug 2013

Your membership card expired on Aug. 31, 2012. New membership forms for 2012-2014 were due by September 2012. Form is available on the city website:

<http://troymi.gov/Portals/0/Files/ParksRec/AdaptiveRecreation/AdaptiveRegistrationForm.pdf>

Drop off form or mail to CC and we will mail you a new membership card which is required for admission to all activities. A new subscription period started in Sept/Oct 2012 for receiving the Adaptive Newsletter in the mail. You will need to re-enroll if you want to continue to receive the newsletter. There are three ways to receive the newsletter which is published six times per year:

- Receive it by mail by submitting the fee and registration form in this newsletter. Troy residents pay \$5 for two years (12 issues). Subscriptions begin with the Sept/Oct issue of even numbered years and are prorated biannually. Pay \$5 on or before 2/28/13, \$3.75 between 3/1/13 and 8/31/13, \$2.50 between 9/1/13 and 2/28/14, and \$1.25 after 3/1/14. Non-residents pay \$7 per two years, prorated as above. Ask for Act. #135320B.
- Pick up a free copy at the Community Center.
- Receive the newsletter free via e-mail. Visit the City web site: www.troymi.gov and click on SUBSCRIBE in the upper center of page. Enter your e-mail address and click on SAVE. Then select Adaptive News & Updates and click SAVE.

All drop-in fees are \$6 at the door (except Bowling which is now \$7) and punch cards are \$47 and \$57 NR. Save money by using a PUNCH CARD!!! It can be used to pay for **Movie and Pizza, Karaoke and Dancing, Friday Frolic, and Bingo**. These activities are \$6 per person at the door. Purchase a punch card at the front desk for \$47 for residents of Troy and \$57 for non-residents. This will result in a **savings of \$13 for residents and \$3 for non-residents over paying at the door**. This punch card is good for admission into ten of these events. There is no refund for lost or stolen cards, so be careful not to lose your punch card once you purchase it. Write your name and phone number on the back in case you misplace it. This card can be purchased with cash, check or credit card (Mastercard or Visa) at the front desk at the Community Center.

To Friendship Club members that are still in school: Think about joining us on Tuesdays or Thursdays this summer for the Daytime program. See more detailed information on Page 2.

BASKETBALL

Register now for the 10-week fall and winter basketball sessions. Participants will be divided in to four teams. Join Coach Courtney Dalley for a fun season! The four teams will practice together for the first few weeks and then play against each other and have playoffs. On the first day of basketball, a more detailed letter will be passed out.

Act. #	Day	Time	Location	Fee	Begins	Ends
135315C	Tuesday	6:30-8:30pm	Community Center	\$60R \$70NR	Sept. 17	Nov. 19
135315D	Tuesday	6:30-8:30pm	Community Center	\$60R \$70NR	Jan. 14	Mar. 18

MOVIE AND PIZZA – Monday, July 8 and Aug 12

2nd Monday Time: 6:30-8:30 pm **Location:** Troy Community Center

Cost: Punch card or \$6 at the door. (includes movie, drink, and a pizza snack). No registration is required.

Aides may purchase pizza \$1/slice. Please place your order when you check in.

Monday, July 8 “Escape From Planet Earth”

Monday, Aug 12 “Oz: the Great & Powerful” (Starts promptly at **6:20 pm** due to length of the movie)

FRIDAY FROLIC DANCE – This activity will return in September

2nd Friday of each month except July and August. Dancing with a DJ and refreshments.

Time: 7 - 9:00 pm **Location:** Troy Community Center

Cost: Punch card or \$6 at the door. No registration is required.

KARAOKE AND DANCING – Monday, July 15 and Aug 19

3rd Monday - Have fun while singing along with latest and greatest artists. Pop and chips will be served. Feel free to dance along. Bring your favorite CD if you want to sing.

Time: 7 - 8:30 pm **Location:** Troy Community Center

Cost: Punch card or \$6 at the door. Aides may purchase pop and chips for \$1. No registration required.

BINGO NIGHT – Monday, Monday, July 22 and Aug 26

4th Monday - Prizes will be given to the winners and we will break for refreshments.

Time: 7-8:30 pm **Location:** Troy Community Center

Cost: Punch card or \$6 at the door. No registration required

Aides may purchase pop and chips for \$1.

MY CHANCE TO DANCE

Winner of the 2002 Governor’s Amateur Athletic Event Award, this dance/exercise program presented by C.C. Plus includes circle dances, party dances, line dances, fun music and great exercise. The program is specially choreographed to avoid failure and build on success! Wheelchairs and walkers welcome!! **Payment should be made to the instructor at class.** The fee is \$6 per class for drop-in students or \$40 for eight classes paid in advance. Please contact Peggy DiMercurio at mdimercurio@wowway.com or 586-801-4902, with any questions.

Day	Time	Location
Thursday	7:00-8:00 p.m.	Big Beaver Church 3753 John R
This program will return in the Fall		

Tuesday and Thursday Daytime Friendship Program 10:00 am-3:00 pm

ALL PARTICIPANTS MUST REGISTER PRIOR TO ATTENDING

This program for ages 18 and older meets every Tuesday and Thursday from 10 am to 3 pm (except holidays as noted) at the Troy Community Center with many fun activities brought to you by Kathy Martin and staff. Activities will be revised based on your requests, and we are always open to your suggestions. **The fee is \$76 (\$86 NR) per month for one day a week or \$152(\$172NR) for both days. Pre-registration is required and you must register for the entire month.** Contact Elaine Torvinen at the Community Center 248-524-3484 or email E.Torvinen@troymi.gov. for more information. **Register early!!! Space is limited. If you wait until the first day of the month to register the program may be filled.**

We ask that new participants attend with a family member or aide on a Tuesday or Thursday prior to registering to be introduced to the program and meet staff. This will also give ample time for all necessary paperwork to be completed before enrolling. Thank you for your cooperation.

A 25% subsidy is available to low-income Troy residents who meet the following guidelines: 1 person household – annual income of \$24,450 or less; 2 person household – annual income of \$27,950 or less; 3 person household – annual income of \$31,450 or less. Please call 248-524-3484 for information on larger household sizes. Applicants must fill out a confidential application and submit it at the time of registration. Please call 248-524-3484 and we will mail an application to you. Transportation for Troy residents may be available through Troy Medi-Go Plus. Call 248-457-1100 for information.

The activity numbers for the first 6 months of 2013-2014 season are as follows:

Tuesdays

July 135309A
Sept 135309C
Nov 135309E

Aug 135309B
Oct 135309D
Dec 135309F

Thursdays

July 135302A
Sept 135302C
Nov 135302E

Aug 135302B
Oct 135302D
Dec 135302F

ON GOING EVENTS

Basketball: Tuesday evenings fall and winter at the Troy Community Center for persons with developmental disabilities. Registration is required. Minimum age: 16.

Bowling: Saturdays (except holiday weekends and July and August) from **10 a.m - 12 p.m.** at Troy Lanes (Square Lake west of John R). **\$7 per week includes shoes and three games.** Drop-in.

My Chance to Dance: Thursday evenings from 7:00-8:00 pm at the Big Beaver United Methodist Church September – April Minimum age 13. Please contact Peggy DiMercurio at mdimercurio@wowway.com or 586-801-4902, with any questions.

Performing Arts Club: For teens and young adults with developmental disabilities. **Tuesdays 7-9 pm** at Big Beaver United Methodist Church 3753 John R. Sponsored by the Italian Study Group of Troy. For more information, call Denise at 248-703-7303. Minimum age: 16.

Softball: A Thursday evening league for teens and adults with developmental disabilities plays against other cities in Oakland County May through August. Practices are held on Thursday evenings in May. Registration by April 30 required. Minimum age: 16.

Special Events: Countywide special events are offered by Oakland County Parks for people with cognitive and physical impairments. Call (248) 858-7596 to receive the Oakland County Parks newsletter.

Special Olympics: Team Troy Special Olympics participates in swimming, track and field, and golf. Minimum age: 8. Call 248-370-0922 www.somi.org for more information.

Weight Watchers: Tuesdays, meets at 5:30 pm and again at 6:00 pm at the Big Beaver United Methodist Church 3753 John R, Troy. The fee is .50 per week. Braille is available. Persons accompanying a program participant may participant for the same fee. Co-sponsored by The Arc of Oakland County. Call Allison Murowany at 248-816-1900 for details. Minimum age 13.

MAIL-IN REGISTRATION FORM

All patron requested refunds are subject to a \$10 cancellation fee.

RELEASE OF LIABILITY: I hereby voluntarily release and hold harmless the City of Troy and the Troy School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

Name of Participant _____

Contact Person _____

Address _____

City _____ Zip _____

Phone _____

Signed: _____

Activity #: _____ Fee _____

Activity #: _____ Fee _____

Activity #: _____ Fee _____

TOTAL DUE: _____

Date: _____

ENCLOSE REGISTRATION FEE (checks payable to: City of Troy) along with this waiver form and mail to: Troy Parks and Recreation, 3179 Livernois, Troy, MI 48083.

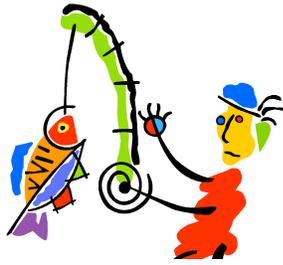
To register online, go to www.troymi.gov/RecreationRegistration. Click on Click on Play Here Box on top of page then click on online registration in column on left side of screen. Existing user? Click to log in. Enter your household number for username (find this number near the bottom left side of previous receipt or call 248-524-3484) and the last name of head of household for password. On the next screen, search by activity number or by type or keyword. You can only register people in your own household.

July 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 W. Watchers 5:30 & 6 pm Performing Arts 7:00 pm Softball Picnic 6:30-8pm	3	4 Fourth of July 	5	6
7	8 Movie & Pizza 6:30-8:30 pm	9 Friendship Club 10am-3pm W. Watchers 5:30 & 6 pm Performing Arts 7:00 pm	10	11 Friendship Club 10 am-3 pm Softball Game 6:30-8:30 pm	12	13
14	15 Karaoke and Dancing 7-8:30 pm	16 Friendship Club 10am-3pm W. Watchers 5:30 & 6 pm Performing Arts 7:00 pm	17	18 Friendship Club 10 am-3 pm Softball Game 6:30-8:30 pm	19	20
21	22 Bingo 7-8:30 pm	23 Friendship Club 10am-3pm W. Watchers 5:30 & 6 pm Performing Arts 7:00 pm	24	25 Friendship Club 10 am-3 pm Softball Game 6:30-8:30 pm	26	27
28	29	30 Friendship Club 10am-3pm W. Watchers 5:30 & 6 pm Performing Arts 7:00 pm	31			

August 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Friendship Club 10am-3pm Softball Game 6:30-8:30 pm	2	3
4	5	6 Friendship Club 10am-3pm W. Watchers 5:30 & 6pm Performing Arts 7:00pm	7	8 Friendship Club 10am-3pm	9 Excursion to Independence Oaks 10am-4pm	10
11	12 Movie & Pizza 6:30- 8:30pm	13 Friendship Club 10am-3pm W. Watchers 5:30 & 6pm Performing Arts 7:00pm	14	15 Friendship Club 10am-3pm	16	17
18 Father's Day	19 Karaoke and Dancing 7-8:30pm	20 Friendship Club 10am-3pm W. Watchers 5:30 & 6pm Performing Arts 7:00pm	21	22 Friendship Club 10am-3pm	23	24
25	26 Bingo 7-8:30 pm	27 Friendship Club 10am-3pm W. Watchers 5:30 & 6pm Performing Arts 7:00pm	28	29 Friendship Club 10 am-3 pm	30	31



Excursion to Independence Oaks

With Oakland County Parks

FRIDAY, August 9, 10:00 am - 4:00 PM

Join us for a day of fun at Independence Oaks Park. Activities included on this trip are fishing, lawn games, pedal boats or a relaxing ride on the pontoon boat. A hot dog picnic lunch is also included. Your registration fee for this program covers transportation via an Oakland County Parks Bus, staff supervision and all activities stated above.

You will need to be at the Troy Community Center by 9:30 am and will need to be picked up at the Troy Community Center at 4pm. Interested participants should register for

Activity #135301A Troy Residents \$30.00 Non Residents \$35.00

If a one on one aide is required same price applies.

DEADLINE FOR REGISTRATION – Friday July 19, 2:00pm

Register now at the Community Center or on line at <http://www.troymi.gov/parksandreconline/> Contact Elaine Torvinen at E.Torvinen@troymi.gov or 248-524-3484 for more information.

MAIL-IN REGISTRATION FORM –

All patron requested refunds are subject to a \$10 cancellation fee.

RELEASE OF LIABILITY: I hereby voluntarily release and hold harmless the City of Troy and the Troy School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

Name of Participant _____ (Form needed for each participant-photocopies accepted)

Contact Person _____ Activity #: _____ Fee _____

Address _____

City _____ Zip _____

Phone _____

TOTAL DUE: _____

Signed: _____

Date: _____

Food allergies or other food restrictions: _____

Please make sure your participant has an up to date Adaptive Recreation Registration Form on file.

ENCLOSE REGISTRATION FEE (checks payable to: City of Troy) along with this waiver form and mail to:

Troy Parks and Recreation, 3179 Livernois, Troy, MI 48083.

To register online, go to www.troymi.gov/RecreationRegistration. Click on Click on Play Here Box on top of page then click on online registration in column on left side of screen. Existing user? Click to log in. Enter your household number for username (find this number near the bottom left side of previous receipt or call 248-524-3484) and the last name of head of household for password. On the next screen, search by activity number or by type or keyword. You can only register people in your own household.