



Troy Parks and Recreation

Friendship Club

For persons 13 and up unless otherwise specified.

Activities are held at the Troy Community Center, 3179 Livernois, Troy MI 48083, (248) 524-3484, unless otherwise noted. Staff will try their best to meet everyone's needs but you may be asked to provide an aide or to withdraw from the activity.



Nov/Dec 2013

Here come the holidays!!! Hope you are ready!!!

Fall is going to quickly be behind us and we will be busy preparing for the holidays and all the gatherings and celebrations that go along with the season. Keep in mind that we usually try and do something a little special at the December Friday Frolic and there will be a Holiday party at Bowling on December 21. We will only bowl two games that day and it will be a potluck with main meal provided by Troy Recreation Department.

Please be advised that we have decided to move the December Monday night activities up a week on the calendar in order to get them all in prior to the busy holiday party season. Movie and Pizza will be on the first Monday, Dec. 2, Karaoke and Dance will be on the second Monday, Dec. 9, and Bingo will be on the third Monday, Dec. 16. We encourage you to make a note of it on your calendar.

Winter Basketball registration is underway. Don't delay sign up today!!! Activity # 135315 D. See information at bottom of this page.

Save some **CASH** and purchase a punch card to attend the Monday night activities and the Friday Frolic Dances. All drop-in fees are \$6 at the door (except Bowling which is now \$7) and punch cards are \$47 and \$57 NR.

It can be used to pay for **Movie and Pizza, Karaoke and Dancing, Friday Frolic, and Bingo**. These activities are \$6 per person at the door. Purchase a punch card at the front desk for \$47 for residents of Troy and \$57 for non-residents. This will result in a **savings of \$13 for residents and \$3 for non-residents over paying at the door**. This punch card is good for admission into ten of these events. There is no refund for lost or stolen cards, so be careful not to lose your punch card once you purchase it. Write your name and phone number on the back in case you misplace it. This card can be purchased with cash, check or credit card (Mastercard or Visa) at the front desk at the Community Center.

BASKETBALL

Register now for the 10-week winter basketball sessions. Participants will be divided into four teams. Join Coach Courtney Dalley for a fun season! The four teams will practice together for the first few weeks and then play against each other and have playoffs. On the first day of basketball, a more detailed letter will be passed out.

Act. #	Day	Time	Location	Fee	Begins	Ends
135315D	Tuesday	6:30-8:30 pm	Community Center	\$60R \$70NR	Jan. 14	Mar. 18

MOVIE AND PIZZA Monday, Nov 11 and Dec 2 (first Monday in December only)

2nd Monday Time: 6:30-8:30 pm **Location:** Troy Community Center

Cost: Punch card or \$6 at the door. (Includes movie, drink, and a pizza snack). No registration is required.

Aides may purchase pizza \$1/slice. Please place your order when you check in.

Monday, Nov 11 "EPIC" To make up for tardy pizza in October we will serve cookies for dessert tonight!!!

Monday, Dec 2 "Monsters University"

FRIDAY FROLIC DANCE Friday, Nov 8 and Dec 13

2nd Friday of each month except July and August. Dancing with a DJ and refreshments.

Time: 7 - 9:00 pm **Location:** Troy Community Center

Cost: Punch card or \$6 at the door. No registration is required.

At the December Friday Frolic we will be serving pizza.

KARAOKE AND DANCING Monday, Nov 18 and Dec 9 (second Friday in December only)

3rd Monday - Have fun while singing along with latest and greatest artists. Pop and chips will be served. Feel free to dance along. Bring your favorite CD if you want to sing.

Time: 7 - 8:30 pm **Location:** Troy Community Center

Cost: Punch card or \$6 at the door. Aides may purchase pop and chips for \$1. No registration required.

BINGO NIGHT Monday, Monday, Nov 25 and Dec 16 (third Friday in December only)

4th Monday - Prizes will be given to the winners and we will break for refreshments.

Time: 7-8:30 pm **Location:** Troy Community Center

Cost: Punch card or \$6 at the door. No registration required

Aides may purchase pop and chips for \$1.

MY CHANCE TO DANCE

Winner of the 2002 Governor’s Amateur Athletic Event Award, this dance/exercise program presented by C.C. Plus includes circle dances, party dances, line dances, fun music and great exercise. The program is specially choreographed to avoid failure and build on success! Wheelchairs and walkers welcome!! **Payment should be made to the instructor at class.** The fee is \$6 per class for drop-in students or \$40 for eight classes paid in advance. Please contact Peggy DiMercurio at mdimercurio@wowway.com or 586-801-4902, with any questions.

Day	Time	Location
Thursday	7:00-8:00 pm.	Big Beaver Church 3753 John R Present through-April 24, 2014

Tuesday and Thursday Daytime Friendship Program 10:00 am-3:00 pm

ALL PARTICIPANTS MUST REGISTER PRIOR TO ATTENDING

This program for ages 18 and older meets every Tuesday and Thursday from 10 am to 3 pm (except holidays as noted) at the Troy Community Center with many fun activities brought to you by Kathy Martin and staff. Activities will be revised based on your requests, and we are always open to your suggestions. **The fee is \$76 (\$86 NR) per month for one day a week or \$152(\$172NR) for both days. Pre-registration is required and you must register for the entire month.** Contact Elaine Torvinen at the Community Center 248-524-3484 or email E.Torvinen@troymi.gov. for more information. **Register early!!! Space is limited. If you wait until the first day of the month to register the program may be filled.**

We ask that new participants attend with a family member or aide on a Tuesday or Thursday prior to registering to be introduced to the program and meet staff. This will also give ample time for all necessary paperwork to be completed before enrolling. Thank you for your cooperation.

A 25% subsidy is available to low-income Troy residents who meet the following guidelines: 1 person household – annual income of \$24,450 or less; 2 person household – annual income of \$27,950 or less; 3 person household – annual income of \$31,450 or less. Please call 248-524-3484 for information on larger household sizes. Applicants must fill out a confidential application and submit it at the time of registration. Please call 248-524-3484 and we will mail an application to you. Transportation for Troy residents may be available through Troy Medi-Go Plus. Call 248-457-1100 for information.

PLEASE NOTE: FRIENDSHIP CLUB WILL NOT MEET DECEMBER 24, 26, & 31.

The activity numbers for the first 6 months of 2013-2014 season are as follows:

<u>Tuesdays</u>		<u>Thursdays</u>	
Nov 135309E	Dec 135309F	Nov 135302E	Dec 135302F
Jan 135309G	Feb 135309H	Jan 135302G	Feb 135302H
Mar 135309J	Apr 135309K	Mar 135302J	Apr 135302K
May 135309L	Jun 135309M	May 135302L	Jun 135302M

ON GOING EVENTS

Basketball: Tuesday evenings fall and winter at the Troy Community Center for persons with developmental disabilities. Registration is required. Minimum age: 16.

Bowling: Saturdays (except holiday weekends and July and August) from **10 am - 12 pm** at Troy Lanes (Square Lake west of John R). **\$7 per week includes shoes and three games.** Drop-in.

My Chance to Dance: Thursday evenings from 7:00-8:00 pm at the Big Beaver United Methodist Church September – April Minimum age 13. Please contact Peggy DiMercurio at mdimercurio@wowway.com or 586-801-4902, with any questions.

Performing Arts Club: For teens and young adults with developmental disabilities. **Tuesdays 7-9 pm** at Big Beaver United Methodist Church 3753 John R. Sponsored by the Italian Study Group of Troy. For more information, call Denise at 248-703-7303. Minimum age: 16.

Softball: A Thursday evening league for teens and adults with developmental disabilities plays against other cities in Oakland County May through August. Practices are held on Thursday evenings in May. Registration by April 30 required. Minimum age: 16.

Special Events: Countywide special events are offered by Oakland County Parks for people with cognitive and physical impairments. Call (248) 858-7596 to receive the Oakland County Parks newsletter.

Special Olympics: Team Troy Special Olympics participates in swimming, track and field, and golf. Minimum age: 8. Call 248-370-0922 www.somi.org for more information.

Weight Watchers: Tuesdays, meets at 5:30 pm and again at 6:00 pm at the Big Beaver United Methodist Church 3753 John R, Troy. The fee is .50 per week. Braille is available. Persons accompanying a program participant may participant for the same fee. Co-sponsored by The Arc of Oakland County. Call Allison Murowany at 248-816-1900 for details. Minimum age 13.

MAIL-IN REGISTRATION FORM

All patron requested refunds are subject to a \$10 cancellation fee.

RELEASE OF LIABILITY: I hereby voluntarily release and hold harmless the City of Troy and the Troy School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

Name of Participant _____

Contact Person _____

Address _____

City _____ **Zip** _____

Phone _____

Signed: _____

Activity #: _____ **Fee** _____

Activity #: _____ **Fee** _____

Activity #: _____ **Fee** _____

TOTAL DUE: _____

Date: _____

ENCLOSE REGISTRATION FEE (checks payable to: City of Troy) along with this waiver form and mail to: Troy Parks and Recreation, 3179 Livernois, Troy, MI 48083.

To register online, go to www.troymi.gov/RecreationRegistration. Click on Click on Play Here Box on top of page then click on online registration in column on the left side of screen. Existing user? Click to log in. Enter your household number for username (find this number near the top left side of previous receipt or call 248-524-3484) and the last name of head of household for password. On the next screen, search by activity number or by type or keyword. You can only register people in your own household.

November 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 Bowling 10 am-12 pm Troy Lanes
3	4	5 Friendship Club 10 am-3 pm W. Watchers 5:30 & 6 pm Performing Arts 7:00 pm Basketball 6:30-8:30 pm	6	7 Friendship Club 10 am-3 pm My Chance to Dance 7-8 pm	8 Friday Frolic 7-9:00 pm	9 Bowling 10 am-12 pm Troy Lanes
10	11 Movie & Pizza 6:30-8:30 pm	12 Friendship Club 10 am-3 pm W. Watchers 5:30 & 6 pm Performing Arts 7:00 pm Basketball 6:30-8:30 pm	13	14 Friendship Club 10 am-3 pm My Chance to Dance 7-8 pm	15	16 Bowling 10 am-12 pm Troy Lanes
17	18 Karaoke and Dancing 7-8:30 pm	19 Friendship Club 10 am-3 pm W. Watchers 5:30 & 6 pm Performing Arts 7:00 pm Basketball 6:30-8:30 pm	20	21 Friendship Club 10 am-3 pm My Chance to Dance 7-8 pm	22	23 Bowling 10 am-12 pm Troy Lanes
24	25 Bingo 7-8:30 pm	26 Friendship Club 10 am-3 pm W. Watchers 5:30 & 6 pm Performing Arts 7:00 pm	27	28 	29	30 No Bowling

December 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Movie & Pizza 6:30- 8:30 pm	3 Friendship Club 10 am-3 pm W. Watchers 5:30 & 6 pm Performing Arts 7:00 pm	4	5 Friendship Club 10 am-3 pm My Chance to Dance 7-8 pm	6	7 Bowling 10 am-12 pm Troy Lanes
8	9 Karaoke and Dancing 7-8:30 pm	10 Friendship Club 10 am-3 pm W. Watchers 5:30 & 6pm Performing Arts 7:00 pm	11	12 Friendship Club 10 am-3 pm My Chance to Dance 7-8 pm	13 Friday Frolic 7-9:00 pm <i>Pizza will be served.</i>	14 Bowling 10 am-12 pm Troy Lanes
15	16 Bingo 7-8:30 pm	17 Friendship Club 10 am-3 pm W. Watchers 5:30 & 6pm Performing Arts 7:00 pm	18	19 Friendship Club 10 am-3 pm My Chance to Dance 7-8 pm	20	21 Bowling Party 10 am-12 pm Troy Lanes
22	23	24	25 	26	27	28 No Bowling
29	30	31	1 January 	2 Friendship Club 10 am-3 pm		