



Troy Recreation Department

Friendship Club

For persons 13 and up unless otherwise specified.

Activities are held at the Troy Community Center, 3179 Livernois, Troy MI 48083, (248) 524-3484, unless otherwise noted. Staff will try their best to meet everyone's needs but you may be asked to provide an aide or to withdraw from the activity.



Mar/Apr 2014



Are you looking forward to spring and warmer weather? I know I am. Soon enough we will all be able to get back outside and enjoy some mild temperatures.

Softball registration is open and we are hopeful to have two teams again this year. Don't delay, register today!!! Activity #125338D. Fee is \$40 for Residents and \$50 for Non-Resident. We will be purchasing new shirts this year so don't forget to give us your size when registering. See more details below.

There are three ways to receive the Adaptive newsletter which is published six times per year:

- Receive it by mail by submitting the fee and registration form in this newsletter. Troy residents pay \$5 for two years (12 issues). Subscriptions begin with the Sept/Oct issue of even numbered years and are prorated biannually. Pay ~~\$5 on or before 2/28/13~~, ~~\$3.75 between 3/1/13 and 8/31/13~~, \$2.50 between 9/1/13 and 2/28/14, and \$1.25 after 3/1/14. Non-residents pay \$7 per year, prorated as above. Ask for Act. #135320B.
- Pick up a free copy at the Community Center. Ask at the front desk. We will try and have some available at the Monday night activities and the Friday Frolic.
- Receive the newsletter free via e-mail. Visit the City web site: www.troymi.gov and click on SUBSCRIBE in the upper center of page. Enter your e-mail address and click on SAVE. Then select Adaptive News & Updates and click SAVE.

Save some **CASH** and purchase a punch card to attend the Monday night activities and the Friday Frolic Dances. All drop-in fees are \$6 at the door (except Bowling which is now \$7) and punch cards are \$47 and \$57 NR.

It can be used to pay for **Movie and Pizza, Karaoke and Dancing, Friday Frolic, and Bingo**. These activities are \$6 per person at the door. Purchase a punch card at the front desk for \$47 for residents of Troy and \$57 for non-residents. This will result in a **savings of \$13 for residents and \$3 for non-residents over paying at the door**. This punch card is good for admission into ten of these events. There is no refund for lost or stolen cards, so be careful not to lose your punch card once you purchase it. Write your name and phone number on the back in case you misplace it. If you've experienced problems with your Friendship Club member losing their punch card, we have a new suggestion: Put the punch card on a lanyard and have them wear it to the events. For homes with multiple Friendship Club participants, put the cards on a card ring (found in office supplies) and carry them all together. This card can be purchased with cash, check or credit card (Mastercard or Visa) at the front desk at the Community Center.

SOFTBALL **Please register by March 19.**

Register now for the 2014 softball teams. Practices begin in early May. We will have practices at Firefighter's Park beginning Thursday May 8. This activity is for ages 16 and older. Games begin in June through first week of August. The fee is **\$40 for residents and \$50 for non-residents** and this includes coaches and an end of the season picnic and a new shirt this year. **To register, ask for Activity 125338D**. Space is limited. Make sure to give desired shirt size when registering. If you want to be placed on the same team as another player for car pool reasons, etc. please indicate this when you register. **Activity#125338D Thursdays 6:30-8:30**

MOVIE AND PIZZA Monday, March 10 and April 14

2nd Monday Time: 6:30-8:30 pm **Location:** Troy Community Center

Cost: Punch card or \$6 at the door. (Includes movie, drink, and a pizza snack). No registration is required.

Aides may purchase pizza \$1/slice. Please place your order when you check in.

Monday, March 10 “Cloudy with a Chance of Meatballs 2”

Monday, April 14 “Frozen”

FRIDAY FROLIC DANCE Friday, March 14 and April 11

2nd Friday of each month except July and August. Dancing with a DJ and refreshments.

Time: 7 - 9:00 pm **Location:** Troy Community Center

Cost: Punch card or \$6 at the door. No registration is required.

KARAOKE AND DANCING Monday, March 17 and April 21

3rd Monday - Have fun while singing along with the latest and greatest artists. Feel free to bring your own CD with which to sing and dance along. Pop and chips will be served.

Time: 7 - 8:30 pm **Location:** Troy Community Center

Cost: Punch card or \$6 at the door. Aides may purchase pop and chips for \$1. No registration required.

BINGO NIGHT Monday, March 24 and April 28

4th Monday - Prizes will be given to the winners and we will break for refreshments.

Time: 7-8:30 pm **Location:** Troy Community Center

Cost: Punch card or \$6 at the door. No registration required

Aides may purchase pop and chips for \$1.

MY CHANCE TO DANCE

Day	Time	Location		
Thursday	7:00-8:00 pm.	Big Beaver Church	3753 John R	Through-April 24, 2014

Winner of the 2002 Governor’s Amateur Athletic Event Award, this dance/exercise program presented by C.C. Plus includes circle dances, party dances, line dances, fun music and great exercise. The program is specially choreographed to avoid failure and build on success! Wheelchairs and walkers welcome!! **Please pay instructor at class directly.** The fee is \$6 per class for drop-in students or \$40 for eight classes paid in advance. Please contact Peggy DiMercurio at mdimercurio@wowway.com or 586-801-4902, with any questions. **NO CLASS ON APRIL 17.**

ALL PARTICIPANTS MUST REGISTER PRIOR TO ATTENDING

A calendar for all of 2014 will be provided to assist with planning for the year. There are 49 sessions planned for both Tuesdays and Thursdays. The fee is the same amount each month whether the month has 3, 4 or 5 Tuesdays or Thursdays in a month. This averages out to 4 days a month over the entire year.

This program for ages 18 and older meets every Tuesday and Thursday from 10 am to 3 pm (except holidays as noted) at the Troy Community Center with many fun activities brought to you by Kathy Martin and staff. Activities will be revised based on your requests, and we are always open to your suggestions. **The fee is \$76 (\$86 NR) per month for one day a week or \$152(\$172NR) for both days. Pre-registration is required and you must register for the entire month.** Contact Elaine Torvinen at the Community Center 248-524-3484 or email E.Torvinen@troymi.gov. for more information. **Register early!!! Space is limited. If you wait until the first day of the month to register the program may be filled.**

We ask that new participants attend with a family member or aide on a Tuesday or Thursday prior to registering to be introduced to the program and meet staff. This will also give ample time for all necessary paperwork to be completed before enrolling. Thank you for your cooperation.

A 25% subsidy is available to low-income Troy residents who meet the following guidelines: 1 person household – annual income of \$24,450 or less; 2 person household – annual income of \$27,950 or less; 3 person household – annual income of \$31,450 or less. Please call 248-524-3484 for information on larger household sizes. Applicants must fill out a confidential application and submit it at the time of registration. Please call 248-524-3484 and we will mail an application to you. Transportation for Troy residents may be available through Troy Medi-Go Plus. Call 248-457-1100 for information.

The activity numbers for the next four months are as follows:

Tuesdays

Mar 135309J
May 135309L

Apr 135309K
Jun 135309M

Thursdays

Mar 135302J
May 135302L

Apr 135302K
Jun 135302M

ON GOING EVENTS

Basketball: Tuesday evenings fall and winter at the Troy Community Center for persons with developmental disabilities. Registration is required. Minimum age: 16.

Bowling: Saturdays (except holiday weekends and July and August) from **10 am - 12 pm** at Troy Lanes (Square Lake west of John R). **\$7 per week includes shoes and three games.** Drop-in.

My Chance to Dance: Thursday evenings from 7:00-8:00 pm at the Big Beaver United Methodist Church September – April Minimum age 13. Please contact Peggy DiMercurio at mdimercurio@wowway.com or 586-801-4902, with any questions. **No class April 17.**

Performing Arts Club: For teens and young adults with developmental disabilities. **Tuesdays 7-9 pm** at the Big Beaver United Methodist Church 3753 John R. Sponsored by the Italian Study Group of Troy. For more information, call Denise at 248-703-7303. Minimum age: 16.

Softball: A Thursday evening league for teens and adults with developmental disabilities plays against other cities in Oakland County May through August. Practices are held on Thursday evenings in May. **Registration by March 19 required.** Minimum age: 16.

Special Events: Countywide special events are offered by Oakland County Parks for people with cognitive and physical impairments. Call (248) 858-7596 to receive the Oakland County Parks newsletter.

Special Olympics: Team Troy Special Olympics participates in swimming, track and field, and golf. Minimum age: 8. Call 248-370-0922 www.somi.org for more information.

Weight Watchers: Tuesdays, meets at 5:30 pm and again at 6:00 pm at the Big Beaver United Methodist Church 3753 John R, Troy. The fee is .50 per week. Braille is available. Persons accompanying a program participant may participate for the same fee. Co-sponsored by The Arc of Oakland County. Call Allison Murowany at 248-816-1900 for details. Minimum age 13.

MAIL-IN REGISTRATION FORM

All patron requested refunds are subject to a \$10 cancellation fee.

RELEASE OF LIABILITY: I hereby voluntarily release and hold harmless the City of Troy and the Troy School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

Name of Participant _____

Contact Person _____

Address _____

City _____ Zip _____

Phone _____

Signed: _____

Activity #: _____ Fee _____

Activity #: _____ Fee _____

Activity #: _____ Fee _____

TOTAL DUE: _____

Date: _____

ENCLOSE REGISTRATION FEE (checks payable to: City of Troy) along with this waiver form and mail to: Troy Parks and Recreation, 3179 Livernois, Troy, MI 48083.

To register online, go to www.troy.mi.gov/RecreationRegistration. Click on Click on Play Here Box on top of page then click on online registration in column on the left side of screen. Existing user? Click to log in. Enter your household number for username (find this number near the top left side of previous receipt or call 248-524-3484) and the last name of head of household (in all caps)for password. On the next screen, search by activity number or by type or keyword. You can only register people in your own household.

March 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Bowling 10 am-12 pm Troy Lanes
2	3	4 Friendship Club 10 am-3 pm W. Watchers 5:30 & 6 pm Performing Arts 7:00 pm	5	6 Friendship Club 10 am-3 pm My Chance to Dance 7-8 pm	7	8 Bowling 10 am-12 pm Troy Lanes
9	10 Movie & Pizza 6:30-8:30 pm	11 Friendship Club 10 am-3 pm W. Watchers 5:30 & 6 pm Performing Arts 7:00 pm Basketball 6:30-8:30 pm	12	13 Friendship Club 10 am-3 pm My Chance to Dance 7-8 pm	14 Friday Frolic 7-9:00 pm	15 Bowling 10 am-12 pm Troy Lanes
16	17 Karaoke and Dancing 7-8:30 pm 	18 Friendship Club 10 am-3 pm W. Watchers 5:30 & 6 pm Performing Arts 7:00 pm Basketball 6:30-8:30 pm	19	20 Friendship Club 10 am-3 pm My Chance to Dance 7-8 pm	21	22 Bowling 10 am-12 pm Troy Lanes
23	24 Bingo 7-8:30 pm	25 Friendship Club 10 am-3 pm W. Watchers 5:30 & 6 pm Performing Arts 7:00 pm Basketball 6:30-8:30 pm	26	27 Friendship Club 10 am-3 pm My Chance to Dance 7-8 pm	28	29 Bowling 10 am-12 pm Troy Lanes
30	31					

April 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Friendship Club 10 am-3 pm W. Watchers 5:30 & 6 pm Performing Arts 7:00 pm	2	3 Friendship Club 10 am-3 pm My Chance to Dance 7-8 pm	4	5 Bowling 10 am-12 pm Troy Lanes
6	7	8 Friendship Club 10 am-3 pm W. Watchers 5:30 & 6pm Performing Arts 7:00 pm	9	10 Friendship Club 10 am-3 pm My Chance to Dance 7-8 pm	11 Friday Frolic 7-9:00 pm	12 Bowling 10 am-12 pm Troy Lanes
13	14 Movie & Pizza 6:30- 8:30 pm	15 Friendship Club 10 am-3 pm W. Watchers 5:30 & 6pm Performing Arts 7:00 pm	16	17 Friendship Club 10 am-3 pm No My Chance to Dance Tonight	18	19 No Bowling
20  Happy Easter	21 Karaoke and Dancing 7-8:30 pm	22 Friendship Club 10 am-3 pm W. Watchers 5:30 & 6 pm Performing Arts 7:00 pm	23	24 Friendship Club 10 am-3 pm My Chance to Dance 7-8 pm	25	26 Bowling 10 am-12 pm Troy Lanes
27	28 Bingo 7-8:30 pm	29 Friendship Club 10 am-3 pm W. Watchers 5:30 & 6 pm Performing Arts 7:00 pm	30	27 Friendship Club 10 am-3 pm	28	