

RESEARCH INTO ACTION: PROVING A RELATIONSHIP

The evidence suggests that a relationship exists between proximity, park characteristics, recreation opportunities and healthy living. Many groups and individuals are now promoting these clearly defined relationships, even though more evidence-based and collaborative research is needed. The documentation that now

exists includes the following:

- ▲ People use parks, trails, greenways and open spaces for physical activity.
- ▲ The closer that adults and children live to parks and trails, the more likely they will use them and be active.
- ▲ Walking is the most common form of physical activity and

can be promoted in many ways.

- ▲ People like to be active (e.g., walk) in places that are attractive and aesthetically pleasing.
- ▲ Safety is a major concern in visiting any type of public space such as parks or trails.
- ▲ Parks, trails, recreation facilities and greenways are important aspects of the built envi-

ronment that are directly linked to physical activity.

- ▲ Many partnerships are needed with other disciplines, practitioners and citizens to supply evidence-based research showing the relationships between parks and healthy living.

List of Parks and Recreation Special Events

August-05

| Event | Estimate Attendees | # dates/year |
|--|--------------------|--------------|
| Egg Hunt | 312 | 1 |
| Family Festival | 2500 | 1 |
| Plant Exchange | 173 | 1 |
| Kids Garage Sale | 214 | 1 |
| Daddy-Daughter Dance | 188 | 1 |
| MRPA Hoop Shoot | 37 | 1 |
| Corporate PPK | 101 | 1 |
| Drive, Pitch & Putt | 39 | 1 |
| NFL Pepsi Punt, Pass & Kick | 42 | 1 |
| Hershey Track & Field Meet | 57 | 1 |
| Breakfast w/Santa | 150 | 1 |
| Fishing Adventure | 93 | 1 |
| Nursery School Olympics | 118 | 1 |
| Maple Syrup | 967 | 3 in March |
| Nature Art Reception | 120 | 3 |
| Open House | 150 | 1 |
| Deer Santa | 25 | 1 |
| Baseball Clinic | 74 | 1 |
| Pistons Clinic | 142 | 2 |
| Boo Bash | 96 | 1 |
| Mom/Son Pool Party | 96 | 1 |
| Arbor Day | 75 | 1 |
| Scrapbooking Events | 170 | 2 |
| Community Kaleidoscope | 1000 | 1 |
| Pool Special events | | |
| Halloween Scavenger Hunt (CCIP) | 90 | 1 |
| Winter Tropical Luau (CCIP) | 90 | 1 |
| Egg Splash (CCIP) | 90 | 1 |
| Dog Swim (TFAC) | 150 | 1 |
| JamFest (TFAC) | 1,770 | 7 |
| Noodle Day (CCIP) - SD | x | |
| Family Fun Day (CCIP) - SD | x | |
| Family Fun Night (TFAC) - SD | x | |
| Noodle Night (TFAC) - SD | x | |
| TFAC Free Opening Day - SD | x | |
| School Day (TFAC) - SD | x | |
| Father's Day (TFAC) - SD | x | |
| College ID Day (TFAC) - SD | x | |
| Family Night (TFAC) - SD | x | |
| Mother's Day (TFAC) - SD | x | |
| Grandparents Day Tues (TFAC) - SD | x | |
| Season Pass Holder Day (TFAC) - SD | x | |
| Teen Day (TFAC) - SD | x | |
| <i>*Special Day Event as part of general admission entry</i> | | |
| Golf Special Events | | |
| Men's Golf Tournament | 50 | 1 |
| Women's Golf Tournament | 30 | 1 |
| Junior Golf Tournament | 40 | 1 |
| Senior Golf Tournament | 50 | 1 |
| Girl's HS Regional Golf Tournament | 100 | 1 |
| Senior Special Events | | |
| Grandparent/Grandchild Swim | 35 | 1 |
| Mouth Organ Grinders Concert | 30 | 1 |
| CPR Class | 16 | 1 |

With other Community groups

| | | |
|----------------------------------|------|---|
| Heritage Band Performance | 75 | 1 |
| Mature Driver Workshop | 18 | 1 |
| MI Sr. Olympics | 32 | 1 |
| Document Shredding | 56 | 2 |
| Troy Daze Senior Sensation Day | 307 | 1 |
| SeniorNet Open House | 85 | 1 |
| Craft Show (# of vendors listed) | 40 | 1 |
| Leaf Raking | 42 | 1 |
| Harmonica Grinders | 155 | 4 |
| Flu Shots | 1000 | 1 |
| Health Expo | | |
| Chorus Holiday Celebration | 50 | |
| Lifeline Screening | 57 | |
| Spelling Duel | 3 | |
| Tax Assistance | 364 | |
| TESA Workshop | 120 | |
| Brownie Program | 32 | |
| Troy High Senior Reception | 49 | |
| Volunteer Banquet | 149 | |
| Money Smart | 167 | |
| Spring Expo | 320 | |
| OSA Aging Forum | 75 | |
| Public Health Week Activity | 80 | |
| AARP Driver Safety | 25 | |
| Fitness Focus Group | 4 | |
| Flea market | 64 | |
| Senior Week | 386 | |
| Advanced Screening | 42 | |
| Chorus Program | 64 | |

Cancelled last yr due to shortage

Cancelled last year

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|---------------|---------------|--|
| TOTALS | 13,341 | |
|---------------|---------------|--|