



Troy Parks and Recreation

# Friendship Club

For persons 13 and up unless otherwise specified.

Activities are held at the Troy Community Center, 3179 Livernois, Troy MI 48083, (248) 524-3484, unless otherwise noted. Staff will try their best to meet everyone's needs but you may be asked to provide an aide or to withdraw from the activity.



Sept/Oct 2013

**Ready or not here comes FALL!!!!**

We have a couple of special events advertised in this newsletter. (see pages 5 & 6 for details)

The first is an excursion with the Oakland County Parks to tour the fall colors in North Oakland County on Tuesday, October 8 from 12 to 5 pm. Our Tuesday daytime program participants will attend this as part of their registration for the Tuesday group. Thursday participants that are interested may attend as well. Others not registered for the daytime program may register to attend for a fee. Those needing one on one aide will be required to pay the same fee for the aide to attend. Transportation will be via the Oakland County Parks Bus. There will be a stop at Cooks Dairy for either cider and donuts or a single scoop ice cream cone. **Activity#135301B**

We are hosting a **Halloween Disco Dinner Dance** on Wednesday, October 30 from 6:30-9:00 pm in the Community Center Ballroom. Kathy Martin and her staff will be pulling out all the stops to ensure a fun evening for everyone in attendance. Costumes are encouraged but are not required to participate. Activities will include: Dinner, Halloween Treats, Crafts, Dancing, Karaoke and a Costume Parade. The dinner menu includes snacks, chicken, broasted potatoes, coleslaw, rolls, dessert and soft drinks. Please note if your participant needs accommodations for diabetes. **REGISTRATION IS REQUIRED FOR ALL PARTICIPANTS AND INDIVIDUAL ASSISTANTS WHO WANT TO BUY DINNER.** Please register according to your dinner selection.(see page 6) Volunteers will be needed to help the night if this event. If you wish to volunteer please register for specific activity # listed on page 6.

**Basketball registration is underway. Don't delay sign up today!!! Activity #135315 C for Fall and D for Winter. See information at bottom of this page.**

**Save some CASH and purchase a punch card to attend the Monday night activities and the Friday Frolic Dances. All drop-in fees are \$6 at the door (except Bowling which is now \$7) and punch cards are \$47 and \$57 NR.** It can be used to pay for **Movie and Pizza, Karaoke and Dancing, Friday Frolic, and Bingo.** These activities are \$6 per person at the door. Purchase a punch card at the front desk for \$47 for residents of Troy and \$57 for non-residents. This will result in a **savings of \$13 for residents and \$3 for non-residents over paying at the door.** This punch card is good for admission into ten of these events. There is no refund for lost or stolen cards, so be careful not to lose your punch card once you purchase it. Write your name and phone number on the back in case you misplace it. This card can be purchased with cash, check or credit card (Mastercard or Visa) at the front desk at the Community Center.

## BASKETBALL

Register now for the 10-week fall and winter basketball sessions. Participants will be divided in to four teams. Join Coach Courtney Dalley for a fun season! The four teams will practice together for the first few weeks and then play against each other and have playoffs. On the first day of basketball, a more detailed letter will be passed out.

<u>Act. #</u>	<u>Day</u>	<u>Time</u>	<u>Location</u>	<u>Fee</u>	<u>Begins</u>	<u>Ends</u>
135315C	Tuesday	6:30-8:30 pm	Community Center	\$60R \$70NR	Sept. 17	Nov. 19
135315D	Tuesday	6:30-8:30 pm	Community Center	\$60R \$70NR	Jan. 14	Mar. 18

**MOVIE AND PIZZA – Monday, Sept 9 and Oct 14**

**2nd Monday Time:** 6:30-8:30 pm **Location:** Troy Community Center

**Cost:** Punch card or \$6 at the door. (includes movie, drink, and a pizza snack). No registration is required.

**Aides may purchase pizza \$1/slice. Please place your order when you check in.**

**Monday, Sept 9 “EPIC”**

**Monday, Oct 14 “The Croods”**

**FRIDAY FROLIC DANCE – Friday, Sept 13 and Oct. 11**

**2nd Friday of each month except July and August.** Dancing with a DJ and refreshments.

**Time:** 7 - 9:00 pm **Location:** Troy Community Center

**Cost:** Punch card or \$6 at the door. No registration is required.

**KARAOKE AND DANCING – Monday, Sept 16 and Oct 21**

**3rd Monday -** Have fun while singing along with latest and greatest artists. Pop and chips will be served. Feel free to dance along. Bring your favorite CD if you want to sing.

**Time:** 7 - 8:30 pm **Location:** Troy Community Center

**Cost:** Punch card or \$6 at the door. Aides may purchase pop and chips for \$1. No registration required.

**BINGO NIGHT – Monday, Monday, Sept 23 and Oct 28**

**4<sup>th</sup> Monday -** Prizes will be given to the winners and we will break for refreshments.

**Time:** 7-8:30 pm **Location:** Troy Community Center

**Cost:** Punch card or \$6 at the door. No registration required

Aides may purchase pop and chips for \$1.

**MY CHANCE TO DANCE**

Winner of the 2002 Governor’s Amateur Athletic Event Award, this dance/exercise program presented by C.C. Plus includes circle dances, party dances, line dances, fun music and great exercise. The program is specially choreographed to avoid failure and build on success! Wheelchairs and walkers welcome!! **Payment should be made to the instructor at class.** The fee is \$6 per class for drop-in students or \$40 for eight classes paid in advance. Please contact Peggy DiMercurio at [mdimercurio@wowway.com](mailto:mdimercurio@wowway.com) or 586-801-4902, with any questions.

<b>Day</b>	<b>Time</b>	<b>Location</b>		
Thursday	7:00-8:00 p.m.	Big Beaver Church	3753 John R	Oct. 3, 2013-April 24, 2014

**Tuesday and Thursday Daytime Friendship Program 10:00 am-3:00 pm**

**ALL PARTICIPANTS MUST REGISTER PRIOR TO ATTENDING**

This program for ages 18 and older meets every Tuesday and Thursday from 10 am to 3 pm (except holidays as noted) at the Troy Community Center with many fun activities brought to you by Kathy Martin and staff. Activities will be revised based on your requests, and we are always open to your suggestions. **The fee is \$76 (\$86 NR) per month for one day a week or \$152(\$172NR) for both days. Pre-registration is required and you must register for the entire month.**

Contact Elaine Torvinen at the Community Center 248-524-3484 or email [E.Torvinen@troymi.gov](mailto:E.Torvinen@troymi.gov). for more information. **Register early!!! Space is limited. If you wait until the first day of the month to register the program may be filled.**

We ask that new participants attend with a family member or aide on a Tuesday or Thursday prior to registering to be introduced to the program and meet staff. This will also give ample time for all necessary paperwork to be completed before enrolling. Thank you for your cooperation.

A 25% subsidy is available to low-income Troy residents who meet the following guidelines: 1 person household – annual income of \$24,450 or less; 2 person household – annual income of \$27,950 or less; 3 person household – annual income of \$31,450 or less. Please call 248-524-3484 for information on larger household sizes. Applicants must fill out a confidential application and submit it at the time of registration. Please call 248-524-3484 and we will mail an application to you. Transportation for Troy residents may be available through Troy Medi-Go Plus. Call 248-457-1100 for information.

The activity numbers for the first 6 months of 2013-2014 season are as follows:

**Tuesdays**

Sept 135309C

Nov 135309E

Oct 135309D

Dec 135309F

**Thursdays**

Sept 135302C

Nov 135302E

Oct 135302D

Dec 135302F

**ON GOING EVENTS**

**Basketball:** Tuesday evenings fall and winter at the Troy Community Center for persons with developmental disabilities. Registration is required. Minimum age: 16.

**Bowling:** Saturdays (except holiday weekends and July and August) from **10 am - 12 pm**, at Troy Lanes (Square Lake west of John R). **\$7 per week includes shoes and three games.** Drop-in.

**My Chance to Dance:** Thursday evenings from 7:00-8:00 pm at the Big Beaver United Methodist Church September – April Minimum age 13. Please contact Peggy DiMercurio at [mdimercurio@wowway.com](mailto:mdimercurio@wowway.com) or 586-801-4902, with any questions.

**Performing Arts Club:** For teens and young adults with developmental disabilities. **Tuesdays 7-9 pm** at Big Beaver United Methodist Church 3753 John R. Sponsored by the Italian Study Group of Troy. For more information, call Denise at 248-703-7303. Minimum age: 16.

**Softball:** A Thursday evening league for teens and adults with developmental disabilities plays against other cities in Oakland County May through August. Practices are held on Thursday evenings in May. Registration by April 30 required. Minimum age: 16.

**Special Events:** Countywide special events are offered by Oakland County Parks for people with cognitive and physical impairments. Call (248) 858-7596 to receive the Oakland County Parks newsletter.

**Special Olympics:** Team Troy Special Olympics participates in swimming, track and field, and golf. Minimum age: 8. Call 248-370-0922 [www.somi.org](http://www.somi.org) for more information.

**Weight Watchers:** Tuesdays, meets at 5:30 pm and again at 6:00 pm at the Big Beaver United Methodist Church 3753 John R, Troy. The fee is .50 per week. Braille is available. Persons accompanying a program participant may participant for the same fee. Co-sponsored by The Arc of Oakland County. Call Allison Murowany at 248-816-1900 for details. Minimum age 13.

**MAIL-IN REGISTRATION FORM**

**All patron requested refunds are subject to a \$10 cancellation fee.**

**RELEASE OF LIABILITY:** I hereby voluntarily release and hold harmless the City of Troy and the Troy School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

Name of Participant \_\_\_\_\_

Contact Person \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Signed: \_\_\_\_\_

Activity #: \_\_\_\_\_ Fee \_\_\_\_\_

Activity #: \_\_\_\_\_ Fee \_\_\_\_\_

Activity #: \_\_\_\_\_ Fee \_\_\_\_\_

**TOTAL DUE:** \_\_\_\_\_

Date: \_\_\_\_\_

**ENCLOSE REGISTRATION FEE (checks payable to: City of Troy) along with this waiver form and mail to:** Troy Parks and Recreation, 3179 Livernois, Troy, MI 48083.

To register online, go to [www.troy.mi.gov/RecreationRegistration](http://www.troy.mi.gov/RecreationRegistration). Click on Click on Play Here Box on top of page then click on online registration in column on left side of screen. Existing user? Click to log in. Enter your household number for username (find this number near the top left side of previous receipt or call 248-524-3484) and the last name of head of household for password. On the next screen, search by activity number or by type or keyword. You can only register people in your own household.

## September 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 <b>Labor Day</b>	3 Friendship Club 10 am-3 pm W. Watchers 5:30 & 6 pm Performing Arts 7:00 pm	4	5 Friendship Club 10 am-3 pm	6	7 Bowling 10 am-12 pm Troy Lanes
8	9 Movie & Pizza 6:30-8:30 pm	10 Friendship Club 10 am-3 pm W. Watchers 5:30 & 6 pm Performing Arts 7:00 pm	11	12 Friendship Club 10 am-3 pm	13 Friday Frolic 7-9:00 pm	14 Bowling 10 am-12 pm Troy Lanes
15	16 Karaoke and Dancing 7-8:30 pm	17 Friendship Club 10 am-3 pm W. Watchers 5:30 & 6 pm Performing Arts 7:00 pm Basketball 6:30-8:30 pm	18	19 Friendship Club 10 am-3 pm	20	21 Bowling 10 am-12 pm Troy Lanes
22	23 Bingo 7-8:30 pm	24 Friendship Club 10 am-3 pm W. Watchers 5:30 & 6 pm Performing Arts 7:00 pm Basketball 6:30-8:30 pm	25	26 Friendship Club 10 am-3 pm	27	28 Bowling 10 am-12 pm Troy Lanes
29	30					

## October 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Friendship Club 10 am-3 pm W. Watchers 5:30 & 6 pm Performing Arts 7:00 pm Basketball 6:30-8:30 pm	2	3 Friendship Club 10am-3pm My Chance to Dance 7-8 pm	4	5 Bowling 10 am-12 pm Troy Lanes
6	7	8 Friendship Club <b>11am-5 pm Fall Color Tour today!!!</b> W. Watchers 5:30 & 6 pm Performing Arts 7:00 pm Basketball 6:30-8:30 pm	9	10 Friendship Club 10am-3pm My Chance to Dance 7-8 pm	11 Friday Frolic 7-9:00 pm	12 Bowling 10 am-12 pm Troy Lanes
13	14 Movie & Pizza 6:30- 8:30 pm	15 Friendship Club 10 am-3 pm W. Watchers 5:30 & 6 pm Performing Arts 7:00 pm Basketball 6:30-8:30 pm	16	17 Friendship Club 10am-3pm My Chance to Dance 7-8 pm	18	19 Bowling 10 am-12 pm Troy Lanes
20	21 Karaoke and Dancing 7-8:30 pm	22 Friendship Club 10 am-3 pm W. Watchers 5:30 & 6 pm Performing Arts 7:00 pm Basketball 6:30-8:30 pm	23	24 Friendship Club 10am-3pm My Chance to Dance 7-8 pm	25	26 Bowling 10 am-12 pm Troy Lanes
27	28 Bingo 7-8:30 pm	29 Friendship Club 10am-3pm W. Watchers 5:30 & 6pm Performing Arts 7:00pm Basketball 6:30-8:30 pm	30 Halloween Dinner Dance 6:30-9:00pm	31 Friendship Club 10 am-3 pm My Chance to Dance 7-8 pm		



**Fall Color Tour  
To North Oakland County  
With Oakland County Parks  
TUESDAY, October 8, 11:00 - 5:00 PM**



The Tuesday Daytime Participants will be taking this tour as part of their monthly fee for the program. The Thursday participants that want to join in are welcome to attend as well. We will take a head count in class in September. Others not part of the daytime program may join us for a tour through North Oakland County to view the fall colors. We will stop at Cook's Dairy for either a single scoop ice cream cone or cider and donuts. Transportation on the Oakland County Parks Bus, staff supervision, and snack described above is included in the price.

**You will need to be at the Troy Community Center by 11 am with your lunch and will need to be picked up at the Troy Community Center at 5pm. Those not part of the Daytime program should register for :** Activity #135301B      Troy Residents \$20.00      Non Residents \$25.00

If a one on one aide is required same price applies.

**DEADLINE FOR REGISTRATION – Friday September 27**

Register now at the Community Center or on line at <http://www.troymi.gov/parksandreconline/> Contact Elaine Torvinen at [E.Torvinen@troymi.gov](mailto:E.Torvinen@troymi.gov) or 248-524-3484 for more information.

**MAIL-IN REGISTRATION FORM –**

**All patron requested refunds are subject to a \$10 cancellation fee.**

**RELEASE OF LIABILITY:** I hereby voluntarily release and hold harmless the City of Troy and the Troy School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

**Name of Participant** \_\_\_\_\_ (Form needed for each participant-photocopies accepted)

**Contact Person** \_\_\_\_\_ **Activity #:** \_\_\_\_\_ **Fee** \_\_\_\_\_

**Address** \_\_\_\_\_

**City** \_\_\_\_\_ **Zip** \_\_\_\_\_

**Phone** \_\_\_\_\_ **TOTAL DUE:** \_\_\_\_\_

**Signed:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Food allergies or other food restrictions:** \_\_\_\_\_

**Please make sure your participant has an up to date Adaptive Recreation Registration Form on file.**

**ENCLOSE REGISTRATION FEE (checks payable to: City of Troy) along with this waiver form and mail to:**  
Troy Recreation, 3179 Livernois, Troy, MI 48083.

To register online, go to [www.troymi.gov/RecreationRegistration](http://www.troymi.gov/RecreationRegistration). Click on Click on Play Here Box on top of page then click on online registration in column on left side of screen. Existing user? Click to log in. Enter your household number for username (find this number near the top left side of previous receipt or call 248-524-3484) and the last name of head of household for password. On the next screen, search by activity number or by type or keyword. You can only register people in your own household.



# HALLOWEEN DINNER DANCE

WEDNESDAY, OCTOBER 30, 6:30-9:00 PM

It's time for some food & fun at the Friendship Club **HALLOWEEN DINNER DANCE!** The dinner dance is scheduled for **Wednesday, October 30, 6:30-9:00 pm** in the Community Center Ballroom. Costumes are encouraged but are not required to participate. Activities will include: Dinner, Halloween Treats, Crafts, Dancing, Karaoke and a Costume Parade. The dinner menu includes snacks, chicken, broasted potatoes, cole slaw, rolls, dessert and soft drinks. Please note if your participant needs accommodations for diabetes. **REGISTRATION IS REQUIRED FOR ALL PARTICIPANTS AND INDIVIDUAL ASSISTANTS WHO WANT TO BUY DINNER.** Please register according to your dinner selection. Volunteers will be needed to help the night if this event. If you wish to volunteer please register for activity # listed below.

### REGISTRATION FOR PARTICIPANTS

Activity #135319A	\$20.00	Non-Res \$22.00	Participation & Fried Chicken Tenders
Activity #135319B	\$20.00	Non-Res \$22.00	Participation & Grilled Chicken

### DINNER ONLY FOR INDIVIDUAL ASSISTANTS

Activity #135319C	\$10.00	Non-Res \$12.00	Fried Chicken Tenders
Activity #135319D	\$10.00	Non-Res \$12.00	Grilled Chicken

Activity#135319K **Volunteers**

**DEADLINE FOR REGISTRATION – Wednesday October 23, 4:00pm**

Register now at the Community Center or on line at <http://www.troymi.gov/RecreationRegistration/> Contact Elaine Torvinen at [E.Torvinen@troymi.gov](mailto:E.Torvinen@troymi.gov) or 248-524-3484 for more information.

### MAIL-IN REGISTRATION FORM

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**RELEASE OF LIABILITY:** I hereby voluntarily release and hold harmless the City of Troy and the Troy School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

Name of Participant \_\_\_\_\_

Contact Person \_\_\_\_\_

Activity #: \_\_\_\_\_ Fee \_\_\_\_\_

Address \_\_\_\_\_

Activity #: \_\_\_\_\_ Fee \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Activity #: \_\_\_\_\_ Fee \_\_\_\_\_

Phone \_\_\_\_\_

**TOTAL DUE:** \_\_\_\_\_

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

**ENCLOSE REGISTRATION FEE (checks payable to: City of Troy) along with this waiver form and mail to:**

Troy Parks and Recreation, 3179 Livernois, Troy, MI 48083. To register online, go to [www.troymi.gov/RecreationRegistration](http://www.troymi.gov/RecreationRegistration).

Click on Click on Play Here Box on top of page then click on online registration in column on left side of screen. Existing user?

Click to log in. Enter your household number for username (find this number near the top left side of previous receipt or call 248-524-3484) and the last name of head of household for password. On the next screen, search by activity number or by type or keyword.

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