



Troy Recreation Department

# Friendship Club

For persons 13 and up unless otherwise specified.

Activities are held at the Troy Community Center, 3179 Livernois, Troy MI 48083, (248) 524-3484, unless otherwise noted. Staff will try their best to meet everyone's needs but you may be asked to provide an aide or to withdraw from the activity.



## July/August 2015

Softball games began on June 11. Check the calendar on page 5 and come on out and root for our team at Firefighter's Park for our home games.

### JOIN NOW!!!!

Your membership card expired on Aug. 31, 2014. If you haven't filled out a new membership form for 2014-2016, please do so now. Forms are available at the Community Center front desk or online on the Adaptive page. Drop off or mail form to the CC and we will mail you a new membership card. This card is required for admission to all activities.

There are three ways to receive the Adaptive newsletter which is published six times per year:

- Receive it by mail. Submit the fee and registration form in this newsletter. Troy residents pay \$5 for two years (12 issues). Subscriptions begin with the Sept/Oct issue of even numbered years and are prorated biannually. Pay \$5 on or before 2/28/15, \$3.75 between 3/1/15 and 8/31/15, \$2.50 between 9/1/15 and 2/28/16, and \$1.25 after 3/1/16. Non-residents pay \$7 per year, prorated as above. Sign up for Act. #135320C.
- Pick up a free copy at the Community Center Front Desk.
- Receive the newsletter free via e-mail. Visit the City web site: [www.troymi.gov](http://www.troymi.gov) and click on SUBSCRIBE in the upper center of page. Enter your e-mail address and click on SAVE. Then select Adaptive News & Updates and click save.



### PUNCH CARDS

Save some **CASH** and purchase a punch card to attend the Monday night activities (Movie & Pizza, Karaoke, Bingo) and Friday Frolic Dances. Punch cards are \$47 Troy Residents and \$57 Non Residents. This is a savings of \$13 for residents and \$3 for non-residents over paying at the door. This punch card is good for ten admissions to only the Monday nights or Friday Frolics. **Drop-in fees for these events are \$6 at the door.** There is no refund for lost or stolen cards, so be careful not to lose your punch card. Write your name and phone number on the back in case you misplace it. If you've experienced problems with your Friendship Club member losing their punch card, we have a new suggestion: Put the punch card on a lanyard and have them wear it to the events. For homes with multiple Friendship Club participants, put the cards on a card ring (found in office supplies) and carry them all together. This card can be purchased with cash, check or credit card (MasterCard or Visa) at the front desk at the Community Center.



### BASKETBALL

Register now for the 10-week fall basketball session. Participants will be divided into four teams. Join Coach Courtney Dalley for a fun season! The four teams will practice together for the first few weeks and then play against each other and have playoffs. On the first day of basketball, a more detailed letter will be passed out.

Act. #	Day	Time	Location	Fee	Begins	Ends
135315C	Tuesday	6:30-8:30 pm	Community Center	\$60R \$70NR	Sept. 15	Nov. 1



**SOFTBALL Games began June 11. Check the calendar on page 5 and come on out and cheer on our team. Home games are at 6:30 pm at Firefighters Park located on Square Lake Rd between Crooks and Coolidge.**

**Troy Recreation provides the room and staff for the above events, so all persons in attendance must pay the entire fee. (Exception: One to one aides who must pay for food if they partake.)**

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**MOVIE AND PIZZA Monday, July 13 & Aug. 10**

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**2nd Monday** Time: 6:30-8:30 pm Location: Troy Community Center  
**Cost:** Punch card or \$6 at the door. (Includes movie, drink, and a pizza snack).

No registration is required. **Aides may purchase pizza \$1/slice. Please place your order when you check in before pizza is ordered.**

**Monday July 13** "Strange Magic"

**Monday, Aug. 10** "SpongeBob Squarepants Out of Water"



**FRIDAY FROLIC DANCE Second Friday, Sept-June**

**2nd Friday of each month except July and August.** Dancing with a DJ and refreshments.

**Time:** 7 - 9:00 pm **Location:** Troy Community Center **Cost:** Punch card or \$6 at the door.

No registration is required. **This event will return in the Fall.**



**KARAOKE**

**Monday, July 20 & Aug. 17**

**3rd Monday** - Have fun while singing along with the latest and greatest artists. Feel free to bring your own CD with which to sing and dance along. Pop and chips will be served.

**Time:** 7 - 8:30 pm

**Cost:** Punch card or \$6 at the door. No registration required. Aides may purchase pop and chips for \$1.



**BINGO NIGHT**

**Monday, July 27 & Aug. 24**

**4th Monday** - Prizes will be given to the winners and we will break for refreshments.

**Time:** 7-8:30 pm **Location:** Troy Community Center **Cost:** Punch card or \$6 at the door.

No registration required. Aides may purchase pop and chips for \$1.



**MY CHANCE TO DANCE**

**Dance/Exercise for Children and Adults with Developmental Disabilities**

Thursdays 7:00-8:00 pm. **LOCATION:** **Woodside Church 6600 Rochester Rd Troy, MI** Enter at South West door and go down stairs or use the elevator. First class FREE for new students! \$40 for 8 classes, drop-in: \$6/class. **This class is ongoing.**



**Daytime Friendship Club Tuesdays and Thursdays 10am-3pm**

**ALL PARTICIPANTS MUST REGISTER PRIOR TO ATTENDING**

**There are 49 sessions planned for both Tuesdays and Thursdays. The fee is the same amount each month whether the month has 3, 4 or 5 Tuesdays or Thursdays in a month. This averages out to 4 days a month over the entire year.**

This program for ages 18 and older meets every Tuesday and Thursday from 10 am to 3 pm (except holidays as noted) at the Troy Community Center. The program has access to the gym, swimming pool, outdoor resources and a wide variety of fun things to do in their camp room. The monthly calendar outlines which days the clients bring lunches and which days the meals are provided. They can also purchase meals in the senior dining area for a reasonable price. Participants have input in developing the monthly schedule. Staff are retired special education professionals who have extensive experience with our population of clients.

**The fee is \$76 (\$86 NR) per month for one day a week or \$152(\$172NR) for both days. Pre-registration is required and you must register for the entire month.** Contact Elaine Torvinen at the Community Center 248-524-3484 or email [E.Torvinen@troymi.gov](mailto:E.Torvinen@troymi.gov). for more information. **Register early!!! Space is limited. If you wait until the first day of the month to register the program may be filled.**

We ask that **new participants** attend with a family member or aide on a Tuesday or Thursday prior to registering to be introduced to the program and meet staff. This will also give ample time for all necessary paperwork to be completed before enrolling. Thank you for your cooperation.

**A 25% subsidy is available to low-income Troy residents** who meet the following guidelines: 1 person household – annual income of \$24,450 or less; 2 person household – annual income of \$27,950 or less; 3 person household – annual income of \$31,450 or less. Please call 248-524-3484 for information on larger household sizes. Applicants must fill out a confidential application and submit it at the time of registration. Please call 248-524-3484 and we will mail an application to you.

**Transportation** for Troy residents may be available through Troy Medi-Go Plus. Call 248-457-1100 for information. For residents in surrounding communities, we encourage you to check with the public transportation resources in your area of residence.

The activity numbers for the remaining 2014-2015 season and the first two month of the 2015-2016 are as follows:

<b><u>Tuesdays</u></b>				<b><u>Thursdays</u></b>			
<b>July</b>	<b>135310A</b>	<b>Aug</b>	<b>135310B</b>	<b>July</b>	<b>135311A</b>	<b>Aug</b>	<b>135311B</b>
<b>Sept</b>	<b>135310C</b>	<b>Oct</b>	<b>135310D</b>	<b>Sept</b>	<b>135311C</b>	<b>Oct</b>	<b>135311D</b>
<b>Nov</b>	<b>135310E</b>	<b>Dec</b>	<b>135310F</b>	<b>Nov</b>	<b>135311E</b>	<b>Dec</b>	<b>135311F</b>



## **ON GOING EVENTS**

**Basketball:** Tuesday evenings fall and winter at the Troy Community Center for persons with developmental disabilities. Registration is required. Minimum age: 16 years old unless otherwise noted.

**Bowling:** Saturdays (except holiday weekends and July and August) from **10 am - 12 pm** at Troy Lanes (Square Lake west of John R). **\$7 per week includes shoes and three games.** Drop-in.

**My Chance to Dance:** Thursday evenings from 7:00-8:00 pm at the Woodside Church 6600 Rochester Rd Troy, MI. **This activity is now ongoing. Contact Peggy with any questions on dates class will not meet.** Minimum age 13. Please contact Peggy DiMercurio at [mdimercurio@wowway.com](mailto:mdimercurio@wowway.com) or 586-801-4902, with any questions.

**Performing Arts Club:** For teens and young adults with developmental disabilities. **Tuesdays 7-9 pm** at the Big Beaver United Methodist Church 3753 John R. Sponsored by the Italian Study Group of Troy. For more information, call Denise at 248-703-7303. Minimum age: 16.

**Softball:** A Thursday evening league for teens and adults with developmental disabilities plays against other cities in Oakland County May through August. Practices are held on Thursday evenings in May. Minimum age: 16.

**Special Events:** Countywide special events are offered by Oakland County Parks for people with cognitive and physical impairments. Call (248) 858-7596 to receive the Oakland County Parks newsletter.

**Special Olympics:** Team Troy Special Olympics participates in swimming, track and field, and golf. Minimum age: 8. Call 248-370-0922 [www.somi.org](http://www.somi.org) for more information.

**Weight Watchers:** Tuesdays, meets at 5:30 pm and again at 6:00 pm at the Big Beaver United Methodist Church 3753 John R, Troy. The fee is .50 cents per week. Braille is available. Persons accompanying a program participant may participant for the same fee. Co-sponsored by The Arc of Oakland County. Call Allison Murowany at 248-816-1900 for details. Minimum age 13.

### **MAIL-IN REGISTRATION FORM**

**All patron requested refunds are subject to a \$10 cancellation fee.**

**RELEASE OF LIABILITY:** I hereby voluntarily release and hold harmless the City of Troy and the Troy School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

Name of Participant \_\_\_\_\_

Contact Person \_\_\_\_\_

Activity # \_\_\_\_\_ Fee \_\_\_\_\_

Address \_\_\_\_\_

Activity #: \_\_\_\_\_ Fee \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Activity #: \_\_\_\_\_ Fee \_\_\_\_\_

Phone \_\_\_\_\_

TOTAL DUE: \_\_\_\_\_

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

**ENCLOSE REGISTRATION FEE (checks payable to: City of Troy) along with this waiver form and mail to:** Troy Parks and Recreation, 3179 Livernois, Troy, MI 48083.

To register online, go to [www.troymi.gov/RecreationRegistration](http://www.troymi.gov/RecreationRegistration). Click on the Play Here Box on top of page then click on Online Registration in the column on the left side of screen. Existing user? Click to log in. Enter your household number for username (find this number near the top left side of previous receipt or call 248-524-3484) and the last name of head of household (in all caps) for password. On the next screen, search by activity number or by type or keyword. You can only register people in your own household.

## July 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 <b>NO Friendship Club today! NO Softball today.</b>	3	4 
5	6	7 <b>Friendship Club</b> 10 am-3 pm <b>Weight Watchers</b> 5:30 & 6 pm <b>Performing Arts</b> 7:00 pm	8	9 <b>Friendship Club</b> 10 am-3 pm <b>My Chance to Dance</b> 7-8 pm <b>Softball Home vs Clarkston Wolves</b> 6:30 pm	10	11
12	13 <b>Movie &amp; Pizza</b> 6:30- 8:30 pm	14 <b>Friendship Club</b> 10 am-3 pm <b>Weight Watchers</b> 5:30 & 6 pm <b>Performing Arts</b> 7:00 pm	15	16 <b>Friendship Club</b> 10 am-3 pm <b>My Chance to Dance</b> 7-8 pm <b>Softball Home vs RARA Rangers</b> 6:30 pm	17	18
19	20 <b>Karaoke and Dancing</b> 7-8:30 pm	21 <b>Friendship Club</b> 10 am-3 pm <b>Weight Watchers</b> 5:30 & 6 pm <b>Performing Arts</b> 7:00 pm	22	23 <b>Friendship Club</b> 10 am-3 pm <b>My Chance to Dance</b> 7-8 pm <b>Softball Away vs RARA Rangers</b> 6:30 pm	24	25
26	27 <b>Bingo</b> 7-8:30 pm	28 <b>Friendship Club</b> 10 am-3 pm <b>Weight Watchers</b> 5:30 & 6 pm <b>Performing Arts</b> 7:00 pm	29	30 <b>Friendship Club</b> 10 am-3 pm <b>My Chance to Dance</b> 7-8 pm	31	

## August 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4 <b>Friendship Club</b> 10 am-3 pm <b>Weight Watchers</b> 5:30 & 6pm <b>Performing Arts</b> 7:00 pm	5	6 <b>Friendship Club</b> 10 am-3 pm <b>My Chance to Dance</b> 7-8 pm	7	8
9	10 <b>Movie &amp; Pizza</b> 6:30- 8:30 pm	11 <b>Friendship Club</b> 10 am-3 pm <b>Weight Watchers</b> 5:30 & 6pm <b>Performing Arts</b> 7:00 pm	12	13 <b>Friendship Club</b> 10 am-3 pm <b>My Chance to Dance</b> 7-8 pm	14	15
16	17 <b>Karaoke and Dancing</b> 7-8:30 pm	18 <b>Weight. Watchers</b> 5:30 & 6 pm <b>Performing Arts</b> 7:00 pm	19	20 <b>Friendship Club</b> 10 am-3 pm <b>My Chance to Dance</b> 7-8 pm	21	22
23	24 <b>Bingo</b> 7-8:30 pm	25 <b>Friendship Club</b> 10 am-3 pm <b>Weight Watchers</b> 5:30 & 6pm <b>Performing Arts</b> 7:00 pm	26	27 <b>Friendship Club</b> 10 am-3 pm <b>My Chance to Dance</b> 7-8 pm	28	29

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Name of Participant \_\_\_\_\_

Contact Person \_\_\_\_\_

Activity # \_\_\_\_\_ Fee \_\_\_\_\_

Address \_\_\_\_\_

Activity #: \_\_\_\_\_ Fee \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Activity #: \_\_\_\_\_ Fee \_\_\_\_\_

Phone \_\_\_\_\_

TOTAL DUE: \_\_\_\_\_

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

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The following is included for informational purposes only. This is not an endorsement of this program by the City of Troy.

### **Music Modification Education for Students with Special Needs**

#### **Instructor: Jacob Levy**

Tapping in to everyone's love of music, Jacob helps students begin to make connections with simple melodies and using them as a mnemonic device for sharpening memory. Jacob has created a program for students to help them with their memory recognition, behavior management, increasing a student's self-esteem, reinforcement of information and much more! Jacob also educates the general education and at-risk populations.

For more info:

ModifiedMusication@gmail.com

[Modified Musication: Music + Education for Students with Special Needs](#)

310.720.3558



# Code of Conduct

For the safety and the enjoyment of all, participants are required to adhere to the following code of conduct.

- Keep hands, feet and other objects to yourself at all times.
- Swearing, other abusive language, and inappropriate hand gestures are not allowed.
- Disruptive behavior such as yelling, harassing others and destruction of property is not allowed.
- No smoking or drinking is allowed, even if you are of age.
- Participants must stay with their group or chaperone as directed.
- Participants must follow directions of staff at all times.
- We recommend that participants be escorted in and picked up by their parent/guardian at all events.

**Failure to comply with any of these rules will result in discipline as follows:**

1. Oral warning: an official warning that the conduct is unacceptable.
2. Oral warning and the parent/guardian will be called to pick participant up.
3. Suspension from programs: parent/guardian will be called to pick participant up, and you will not be allowed back for a specified period of time.
4. Participant may be no longer be allowed to attend the program or may be allowed to attend only with an escort.

Discipline may be started at a higher level depending on the severity of the incident.

Please sign below indicating that you have read the code of conduct.

Signature \_\_\_\_\_ Date: \_\_\_\_\_

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### Staff Use Only

Date of Discipline	Reason	Action Taken (1, 2, 3 or 4 above and time period if #3)