



Troy Recreation Department

Friendship Club

For persons 13 and up unless otherwise specified.

Activities are held at the Troy Community Center, 3179 Livernois, Troy MI 48083, (248) 524-3484, unless otherwise noted. Staff will try their best to meet everyone's needs but you may be asked to provide an aide or to withdraw from the activity.



September/October 2014

Summer is winding down and soon the weather will be turning cooler. It's time to visit the cider mill for some apple cider and donuts. Don't forget to sign up for Basketball. Register for Activity #135315A. Fee is \$60 for Residents and \$70 for Non-Residents. See information below. The first Friday Frolic will take place on September 12. My Chance to Dance will begin on October 2 at the Big Beaver United Methodist Church at 3753 John R.

Your membership card expired on Aug. 31, 2014. New membership forms for 2014-2016 are due by September 2014. Form is attached to this newsletter and is available at the Community Center front desk. Drop off form or mail to CC and we will mail you a new membership card which is required for admission to all activities.

There are three ways to receive the Adaptive newsletter which is published six times per year:

- Receive it by mail by submitting the fee and registration form in this newsletter. Troy residents pay \$5 for two years (12 issues). Subscriptions begin with the Sept/Oct issue of even numbered years and are prorated biannually. Pay \$5 on or before 2/28/15, \$3.75 between 3/1/15 and 8/31/15, \$2.50 between 9/1/15 and 2/28/16, and \$1.25 after 3/1/16. Non-residents pay \$7 per year, prorated as above. Ask for Act. #135320C.
- Pick up a free copy at the Community Center Front Desk. We will try and have some available at the Monday night activities and the Friday Frolic.
- Receive the newsletter free via e-mail. Visit the City web site: www.troymi.gov and click on SUBSCRIBE in the upper center of page. Enter your e-mail address and click on SAVE. Then select Adaptive News & Updates and click save.

Save some CASH and purchase a punch card to attend the Monday night activities and the Friday Frolic Dances. All drop-in fees are \$6 at the door (except Bowling which is now \$7) and punch cards are \$47 and \$57 NR. It can be used to pay for **Movie and Pizza, Karaoke, Friday Frolic and Bingo.** These activities are \$6 per person at the door. Purchase a punch card at the front desk for \$47 for residents of Troy and \$57 for non-residents. This will result in a **savings of \$13 for residents and \$3 for non-residents over paying at the door.** This punch card is good for admission into ten of these events. There is no refund for lost or stolen cards, so be careful not to lose your punch card once you purchase it. Write your name and phone number on the back in case you misplace it. If you've experienced problems with your Friendship Club member losing their punch card, we have a new suggestion: Put the punch card on a lanyard and have them wear it to the events. For homes with multiple Friendship Club participants, put the cards on a card ring (found in office supplies) and carry them all together. This card can be purchased with cash, check or credit card (Mastercard or Visa) at the front desk at the Community Center.

FREAKY FRIDAY HALLOWEEN DINNER DANCE

FRIDAY, OCTOBER 24, 6:30-9:00 PM

See page 5 for more detailed information

BASKETBALL

Register now for the 10-week winter basketball sessions. Participants will be divided into four teams. Join Coach Courtney Dalley for a fun season! The four teams will practice together for the first few weeks and then play against each other and have playoffs. On the first day of basketball, a more detailed letter will be passed out.

Act. #	Day	Time	Location	Fee	Begins	Ends
135315A	Tuesday	6:30-8:30 pm	Community Center	\$60R \$70NR	Sept. 16	Nov. 18
135315B	Tuesday	6:30-8:30 pm	Community Center	\$60R \$70NR	Jan. 13	Mar. 17

MOVIE AND PIZZA **Monday, Sept 8 & Oct 13**

2nd Monday **Time:** 6:30-8:30 pm **Location:** Troy Community Center

Cost: Punch card or \$6 at the door. (Includes movie, drink, and a pizza snack).

No registration is required.

Aides may purchase pizza \$1/slice. Please place your order when you check in.

Monday, Sept 8 **"How To Train Your Dragon"**

Monday, Oct 13 **"Muppets: Most Wanted"**

FRIDAY FROLIC DANCE **Friday, Sept 12**

2nd Friday of each month except July and August. Dancing with a DJ and refreshments.

Time: 7 - 9:00 pm **Location:** Troy Community Center

Cost: Punch card or \$6 at the door. No registration is required.

KARAOKE

3rd Monday - Have fun while singing along with the latest and greatest artists. Feel free to bring your own CD with which to sing and dance along. Pop and chips will be served.

Time: 7 - 8:30 pm

Cost: Punch card or \$6 at the door. No registration required. Aides may purchase pop and chips for \$1.

BINGO NIGHT **Monday, Sept 22 & Oct 27**

4th Monday - Prizes will be given to the winners and we will break for refreshments.

Time: 7-8:30 pm **Location:** Troy Community Center

Cost: Punch card or \$6 at the door. No registration required. Aides may purchase pop and chips for \$1.

MY CHANCE TO DANCE

Day **Time** **Location** **October 2-April 23**

Thursday 7:00-8:00 pm. Big Beaver Church 3753 John R

Daytime Friendship Club **Tuesdays and Thursdays 10am-3pm**

ALL PARTICIPANTS MUST REGISTER PRIOR TO ATTENDING

There are 49 sessions planned for both Tuesdays and Thursdays. The fee is the same amount each month whether the month has 3, 4 or 5 Tuesdays or Thursdays in a month. This averages out to 4 days a month over the entire year.

This program for ages 18 and older meets every Tuesday and Thursday from 10 am to 3 pm (except holidays as noted) at the Troy Community Center with many fun activities brought to you by Kathy Martin and staff. Activities will be revised based on your requests, and we are always open to your suggestions.

The fee is \$76 (\$86 NR) per month for one day a week or \$152(\$172NR) for both days. Pre-registration is required and you must register for the entire month. Contact Elaine Torvinen at the Community Center 248-524-3484 or email E.Torvinen@troymi.gov. for more information. **Register early!!! Space is limited. If you wait until the first day of the month to register the program may be filled.**

We ask that new participants attend with a family member or aide on a Tuesday or Thursday prior to registering to be introduced to the program and meet staff. This will also give ample time for all necessary paperwork to be completed before enrolling. Thank you for your cooperation.

A 25% subsidy is available to low-income Troy residents who meet the following guidelines: 1 person household - annual income of \$24,450 or less; 2 person household - annual income of \$27,950 or less; 3 person household - annual income of \$31,450 or less. Please call 248-524-3484 for information on larger household sizes. Applicants must fill out a confidential application and submit it at the time of registration. Please call 248-524-3484 and we will mail an application to you. Transportation for Troy residents may be available through Troy Medi-Go Plus. Call 248-457-1100 for information.

The activity numbers for the next twelve months are as follows:

Tuesdays

Sept 135305C Oct 135305D
Nov 135305E Dec 135305F
Jan 135305G Feb 135305H
Mar 135305J Apr 135305K
May 135305L June 135305M

Thursdays

Sept 135306C Oct 135306D
Nov 135306E Dec 135306F
Jan 135306G Feb 135306H
Mar 135306J Apr 135306K
May 135306L June 135306M

ON GOING EVENTS

Basketball: Tuesday evenings fall and winter at the Troy Community Center for persons with developmental disabilities. Registration is required. Minimum age: 16.

Bowling: Saturdays (except holiday weekends and July and August) from **10 am - 12 pm** at Troy Lanes (Square Lake west of John R). **\$7 per week includes shoes and three games.** Drop-in.

My Chance to Dance: Thursday evenings from 7:00-8:00 pm at the Big Beaver United Methodist Church September – April Minimum age 13. Please contact Peggy DiMercurio at mdimercurio@wowway.com or 586-801-4902, with any questions.

Performing Arts Club: For teens and young adults with developmental disabilities. **Tuesdays 7-9 pm** at the Big Beaver United Methodist Church 3753 John R. Sponsored by the Italian Study Group of Troy. For more information, call Denise at 248-703-7303. Minimum age: 16.

Softball: A Thursday evening league for teens and adults with developmental disabilities plays against other cities in Oakland County May through August. Practices are held on Thursday evenings in May. Minimum age: 16.

Special Events: Countywide special events are offered by Oakland County Parks for people with cognitive and physical impairments. Call (248) 858-7596 to receive the Oakland County Parks newsletter.

Special Olympics: Team Troy Special Olympics participates in swimming, track and field, and golf. Minimum age: 8. Call 248-370-0922 www.somi.org for more information.

Weight Watchers: Tuesdays, meets at 5:30 pm and again at 6:00 pm at the Big Beaver United Methodist Church 3753 John R, Troy. The fee is .50 per week. Braille is available. Persons accompanying a program participant may participant for the same fee. Co-sponsored by The Arc of Oakland County. Call Allison Murowany at 248-816-1900 for details. Minimum age 13.

MAIL-IN REGISTRATION FORM

All patron requested refunds are subject to a \$10 cancellation fee.

RELEASE OF LIABILITY: I hereby voluntarily release and hold harmless the City of Troy and the Troy School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

Name of Participant _____

Contact Person _____

Activity # _____ Fee _____

Address _____

Activity #: _____ Fee _____

City _____ Zip _____

Activity #: _____ Fee _____

Phone _____

TOTAL DUE: _____

Signed: _____

Date: _____

ENCLOSE REGISTRATION FEE (checks payable to: City of Troy) along with this waiver form and mail to: Troy Parks and Recreation, 3179 Livernois, Troy, MI 48083.

To register online, go to www.troymi.gov/RecreationRegistration. Click on the Play Here Box on top of page then click on Online Registration in the column on the left side of screen. Existing user? Click to log in. Enter your household number for username (find this number near the top left side of previous receipt or call 248-524-3484) and the last name of head of household (in all caps) for password. On the next screen, search by activity number or by type or keyword. You can only register people in your own household.

September 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Weight Watchers 5:30 & 6 pm Performing Arts 7:00 pm	3	4 Friendship Club 10 am-3 pm	5	6 Bowling 10 am-12 pm Troy Lanes
7	8 Movie & Pizza 6:30- 8:30 pm	9 Friendship Club 10 am-3 pm Weight Watchers 5:30 & 6 pm Performing Arts 7:00 pm	10	11 Friendship Club 10 am-3 pm	12 Friday Frolic 7-9:00 pm	13 Bowling 10 am-12 pm Troy Lanes
14	15 Karaoke and Dancing 7-8:30 pm	16 Friendship Club 10 am-3 pm Weight Watchers 5:30 & 6 pm Performing Arts 7:00 pm Basketball 6:30-8:30pm	17	18 Friendship Club 10 am-3 pm	19	20 Bowling 10 am-12 pm Troy Lanes
21	22 Bingo 7-8:30 pm	23 Friendship Club 10 am-3 pm Weight Watchers 5:30 & 6 pm Performing Arts 7:00 pm Basketball 6:30-8:30pm	24	25 Friendship Club 10 am-3 pm	26	27 Bowling 10 am-12 pm Troy Lanes
28	29	30 Friendship Club 10 am-3 pm Weight Watchers 5:30 & 6 pm Performing Arts 7:00 pm Basketball 6:30-8:30pm				

October 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 Friendship Club 10 am-3 pm	3	4 Bowling 10 am-12 pm Troy Lanes
5	6	7 Friendship Club 10 am-3 pm Weight Watchers 5:30 & 6pm Performing Arts 7:00 pm Basketball 6:30-8:30pm	8	9 Friendship Club 10 am-3 pm	10 Friday Frolic 7-9:00 pm	11 Bowling 10 am-12 pm Troy Lanes
12	13 Movie & Pizza 6:30- 8:30 pm	14 Friendship Club 10 am-3 pm Weight Watchers 5:30 & 6pm Performing Arts 7:00 pm Basketball 6:30-8:30pm	15	16 Friendship Club 10 am-3 pm	17	18 Bowling 10 am-12 pm Troy Lanes
19	20 Karaoke and Dancing 7-8:30 pm	21 Friendship Club 10 am-3 pm Weight. Watchers 5:30 & 6 pm Performing Arts 7:00 pm Basketball 6:30-8:30pm	22	23 Friendship Club 10 am-3 pm	24 Freaky Friday Halloween Dinner Dance 6:30-9:00 pm	25 Bowling 10 am-12 pm Troy Lanes
26	27 Bingo 7-8:30 pm	28 Friendship Club 10 am-3 pm Weight. Watchers 5:30 & 6 pm Performing Arts 7:00 pm Basketball 6:30-8:30pm	29	30 Friendship Club 10 am-3 pm	31 	



FREAKY FRIDAY HALLOWEEN DINNER DANCE

FRIDAY, OCTOBER 24, 6:30-9:00 PM

It's time for some food & fun at the Friendship Club **FREAKY FRIDAY HALLOWEEN DINNER DANCE!** The dinner dance is scheduled for **Friday, October 24. 6:30-9:00 pm** in the Community Center Ballroom. Costumes are encouraged but are not required to participate. Activities will include: Dinner, Halloween Treats, Crafts, Dancing, Karaoke and a Costume Parade. The dinner menu includes snacks, chicken, broasted potatoes, cole slaw, rolls, dessert and soft drinks. Please note if your participant needs accommodations for diabetes. **REGISTRATION IS REQUIRED FOR ALL PARTICIPANTS AND INDIVIDUAL ASSISTANTS WHO WANT TO BUY DINNER.** Please register according to your dinner selection. **Volunteers** will be needed to help the night if this event. If you wish to volunteer please register for **Activity #135319 K** listed below.

REGISTRATION FOR PARTICIPANTS

Activity #135319A	Res \$20.00	Non-Res \$22.00	Participation & Fried Chicken Tenders
Activity #135319B	Res \$20.00	Non-Res \$22.00	Participation & Grilled Chicken

DINNER ONLY FOR INDIVIDUAL ASSISTANTS

Activity #135319C	Res \$10.00	Non-Res \$12.00	Fried Chicken Tenders
Activity #135319D	Res \$10.00	Non-Res \$12.00	Grilled Chicken

Activity#135319K

Volunteers

All patron requested refunds are subject to a \$10 cancellation fee.

DEADLINE FOR REGISTRATION –Thursday,October 16, 4:00pm

Register now at the Community Center or on line at <http://www.troymi.gov/RecreationRegistration/>
Contact Kathy Martin or 248-990-0029 kieran2@aol.com for more information.

MAIL-IN REGISTRATION FORM

RELEASE OF LIABILITY: I hereby voluntarily release and hold harmless the City of Troy and the Troy School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

Name of Participant _____

Contact Person _____

Activity #: _____ **Fee** _____

Address _____

Activity #: _____ **Fee** _____

City _____ **Zip** _____

Activity #: _____ **Fee** _____

Phone _____

TOTAL DUE: _____

Signed: _____

Date: _____

Food allergies or other food restrictions: _____

Please make sure your participant has an up to date Adaptive Recreation Registration Form on file. ENCLOSE REGISTRATION FEE (checks payable to: City of Troy) along with this waiver form and mail to: Troy Parks and Recreation, 3179 Livernois, Troy, MI 48083. To register online, go to www.troymi.gov/RecreationRegistration. Click on Play Here Box on top of page then click on online registration in column on left side of screen. Existing user? Click to log in. Enter your household number for username (find this number near the top left side of previous receipt or call 248-524-3484) and the last name of head of household for password. On the next screen, search by activity number or by type or keyword. You can only register people in your own household.

Troy Adaptive Recreation Registration/Medical Form **Date:** _____ **Activity #115300 B**

Name: _____ Age _____ Birthdate _____ Phone _____
(Last) (First)

Address: _____
(Number/Street) (City) (Zip)

Name of Parent/Guardian: _____

Address if different from above: _____

Phone(h): _____ Phone(w): _____ Cell/pager: _____

Other emergency contact: _____ Relationship: _____ Phone: _____

Doctor: _____ Phone: _____ Hospital: _____

Type of Insurance: _____ Policy Number: _____

List any medications you are taking: _____

List any medications you are allergic to:- _____

Date of last tetanus shot: _____ Primary disability: _____

Communication barriers: _____

Please indicate YES or NO and explain if necessary:

Seizure: _____ If so explain: _____

Allergies: _____ If so explain: _____

Developmental disability: _____ If so explain: _____

Physical limitations: _____ If so explain: _____

Behavioral Problems: _____ If so explain: _____

Respiratory problems: _____ If so explain: _____

Urinary problems: _____ If so explain: _____

Any other activity restrictions or behavior characteristics we should be aware of: _____

I have listed all known medical conditions and will advise the Parks and Recreation Department of any changes. I hereby voluntarily release and hold harmless the City of Troy from all liability for all types of damages or injuries, foreseeable or not, sustained by my child, myself and other family members while participating, watching, and traveling to or from all Troy Parks and Recreation activities.

Signature of parent/guardian: _____ **Date:** _____

Code of Conduct

For the safety and the enjoyment of all, participants are required to adhere to the following code of conduct.

- Keep hands, feet and other objects to yourself at all times.
- Swearing, other abusive language, and inappropriate hand gestures are not allowed.
- Disruptive behavior such as yelling, harassing others and destruction of property is not allowed.
- No smoking or drinking is allowed, even if you are of age.
- Participants must stay with their group or chaperone as directed.
- Participants must follow directions of staff at all times.
- We recommend that participants be escorted in and picked up by their parent/guardian at all events.

Failure to comply with any of these rules will result in discipline as follows:

1. Oral warning: an official warning that the conduct is unacceptable.
2. Oral warning and the parent/guardian will be called to pick participant up.
3. Suspension from programs: parent/guardian will be called to pick participant up, and you will not be allowed back for a specified period of time.
4. Participant may be no longer be allowed to attend the program or may be allowed to attend only with an escort.

Discipline may be started at a higher level depending on the severity of the incident.

Please sign below indicating that you have read the code of conduct.

Signature _____ Date: _____

Staff Use Only

Date of Discipline	Reason	Action Taken (1, 2, 3 or 4 above and time period if #3)